

**1-12 Menu**  
**6.3 - 6.7 , 2024**

Monday周一	Tuesday周二	Wednesday周三	Thursday周四	Friday周五
烤鸡肉配泰式甜辣酱 Roasted Chicken W/Thai Sweet Spicy Sauce	肉酱通心粉 Penne Bolognese	红烩牛肉 Stewed Beef	火腿黑椒意面 Fried Spaghetti With Ham and Black Pepper	香菇鸡块 Chicken Slices W/Mushrooms
辣白菜炒五花肉 Stir fry Kimchi and Pork Belly	鱼香肉丝 SiChuan Shredded Pork	炸鱼条配塔塔汁 Fried Fish Fillet W/Tartar Sauce	椒盐鱼片 Fish Fillet W/Salt and Pepper	辣味番茄汁牛肉丸 Beef Balls W/Spicy Tomato Sauce
红薯条 Sweet Potato Fries	沙拉吧 Salad Bar	卡真玉米 Baked Corn W/Cajun Seasoning	沙拉吧 Salad Bar	蒸南瓜 Steamed Pumpkin
蒜蓉西兰花 Fried Broccoli W/Minced Garlic	烧茄子 Fried Eggplant W/Soy Sauce	麻婆豆腐 Mapo Tofu (Stir- Fried Tofu in Hot Sauce)	豆干芹菜 Fried Dried Tofu and Celery	鸡蛋炒菜笋 Fried Bamboo shoots and Egg
蚝油冬瓜 Wax Gourd W/Oyster Sauce	黄油时蔬 Sauteed Vegetables in Butter	清炒洋白菜 Fried Cabbage	鸡蛋西葫芦 Fried Zucchini and Egg	粽子 Zongzi
奶油芸豆汤 Creamed Kidney Beans Soup	绿豆粥 Mung Bean Porridge	红枣银耳羹 Red Date and Snow Fungus Soup	意大利蔬菜汤 Minestrone Soup	黑米粥 Purple Rice Porridge

1-2 加餐菜单 Snack Menu  
6.3 - 6.7 , 2024

Monday周一

Tuesday周二

Wednesday周三

Thursday周四

Friday周五

1 - 2 加餐 Snack

蛋糕球;牛奶  
葡萄;酥梨  
Cake Ball  
Milk  
Grapes  
Pear

南瓜饼;酸奶  
苹果;红火龙果  
Pumpkin Pie  
Yoghurt  
Apple  
Dragon Fruit

蔓越莓饼干;豆奶  
水蜜桃;西瓜  
Cranberry Cookies  
Soymilk  
Honey Peach  
Watermelon

玛芬;牛奶  
香蕉;猕猴桃  
Muffin  
Milk  
Banana  
Kiwifruit

肉松卷;养乐多  
苹果;红火龙果  
Meat Floss Roll  
Yakult  
Apple  
Dragon Fruit